

## **One Day National Seminar on 'Emerging trends in Yoga, Physical Education and Sports Sciences'**

One day, DGHE sponsored national seminar on the theme 'Emerging trends in Yoga, Physical Education and Sports Sciences' was organized by Physical Education Department of college on 04.02.2017. Chief guest, Prof. Bhagat Singh, Chairman of physical Education Department, MDU Rohtak lit the lamp of knowledge in the esteemed presence of Sh. Ved Parkash Dahiya, Chairman of College Management Committee, Sh. Dharampal Rohilla, general secretary of management committee, Principal, Dr. (Mrs.) Suresh Boora and other faculty members. Prof. Bhagat Singh stressed on the need of taking a nutritional diet for staying healthy. Key note speaker Prof. Nishan Singh, Head of Physical Education Department Punjabi University Patiala elaborated that by adopting any physical activity. We can keep at bay the diseases to a large extent. Other dignitaries present on the occasion Ms. Meenakshi Pahuja, Assistant Prof. at LSRC, Delhi Dr. Shakuntla Beniwal, Deputy Director of sports, MDU Rohtak, Prof. Monika Verma from Department of Physical Education CDLU Sirsa, Dr. Rajbala Associate Prof. from Hindu College of Education Sonapat spoke on the different aspects related to the theme of the seminar.

In the valedictory session, key note speaker Prof. D.S. Dhull, Director of sports, MDU Rohtak exhorted the delegates that there is tremendous scope of Research for the researcher in this field. In the seminar 157 delegates presented their papers. Mrs. Darshna, Coordinator of the seminar thanked the guests while concluding the seminar.

  
Co-ordinator  
IQAC  
Kanya Mahavidyalaya  
Kharkhoda, Sonipat

  
Principal  
Kanya Mahavidyalaya  
Kharkhoda, Sonipat



Lamp Lighting by the Principal



Principal Dr. Suresh Boora welcoming Ms. Meenakshi Pahuja, Resource Person.



Principal & other staff members welcoming Dy. Director of Sports Council M.D.U. Rohtak

### National Seminar on Emerging Trends in Sports Sciences, Yoga and Physical Education on 04-02-2017



President Sh. V. Prakash, Sh. Bharampal Rohilla & Sh. Om Prakash gracing the Occasion.



Mrs. Darshana, Seminar Coordinator



Prof. Monika Verma presenting the paper.



Chief Guest Prof. (Dr.) Bhagat Singh Addressing the gathering.



Prof. (Dr.) Nishan Singh Deol, Keynote Speaker.



Mrs. Meenakshi conducting the stage



Associate Professor Rajbala addressing the audience



Students of Yoga Science demonstrating yoga



Prof. (Dr.) D.S. Dhull receiving Memento from college Principal & staff members.

Date: 04-02-2017 6

*Pavile*  
Co-ordinator  
IQAC  
Kanya Mahavidyalaya  
Kharkhoda, Sonipat

*Boora*  
Principal  
Kanya Mahavidyalaya  
Kharkhoda, Sonipat